



# Therapeutic Algorithm for focal and generalized dystonias

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# Introduction to the European Reference Network for Rare Neurological Diseases (ERN-RND):

ERN-RND is a European Reference Network established and approved by the European Union. ERN-RND is a healthcare infrastructure which focuses on rare neurological diseases (RND). The three main pillars of ERN-RND are (i) network of experts and expertise centres, (ii) generation, pooling and dissemination of RND knowledge, and (iii) implementation of e-health to allow the expertise to travel instead of patients and families.

ERN-RND unites 32 of Europe's leading expert centres in 13 Member States and includes highly active patient organizations. Centres are located in Belgium, Bulgaria, Czech Republic, France, Germany, Hungary, Italy, Lithuania, Netherlands, Poland, Slovenia, Spain and the UK.

The following disease groups are covered by ERN-RND:

- Ataxias and Hereditary Spastic Paraplegias
- Atypical Parkinsonism and genetic Parkinsons' Disease
- Dystonia, Paroxysmal Disorder and Neurodegeneration with Brain Ion Accumulation
- Frontotemporal Dementia
- Huntingtons' Disease and other Chorea
- Leukodystrophies

Specific information about the network, the expert centres and the diseases covered can be found at the networks web site [www.ern-rnd.eu](http://www.ern-rnd.eu).

## Recommendation for clinical use:

**The European Reference Network for Rare Neurological Diseases strongly recommends the use the following therapeutic algorithm for focal and generalised dystonia.**



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## **METHODOLOGY**

The endorsement of the therapeutic algorithm for focal and generalized dystonia was done by the Disease group for Dystonia, Paroxysmal Disorder and NBIA of ERN-RND.

### **Disease group for Dystonia, Paroxysmal Disorder and NBIA:**

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### Endorsement process:

- Consent to endorse document by whole disease group – 18.06.2019

### Reference:

<https://www.nature.com/articles/s41572-018-0023-6>

