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## **Webinar**

## **'Learning by example:**

# **HD-JUNIOR a national registry for patients with juvenile onset Huntington's Disease'**



**by Hannah Bakels,**  
**Leiden University Medical Center, the Netherlands**

**01. February 2022**



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## **Speaker**

# **Hannah Bakels**

- **Training: Neurosciences (MSc(res)), Medicine (MD)**
- **Current position: Research physician, PhD-candidate**
- **Research: translational research to juvenile-onset Huntington's Disease**



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# Learning objectives

- By the end of this webinar you will be able to:
  - recognize the importance of patient registries for rare (neurological) disorders
  - differentiate various forms of patient registries
  - build a registry on your own
  - choose a registry form based on your patient population and problem definition



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# Webinar outline

- Huntington's Disease
- HD in the Netherlands
- Juvenile-onset HD
- Problem definition
- Patient Registries
- Patient population
- Study design and datasets
- Collaborations
- Privacy regulations and IRB review
- Recruitment and informed consent
- Data sharing
- Acknowledgements
- Q&A

# Huntington's Disease

AD brain disorder caused by an CAG-repeat expansion ( $\geq 36$ ) in *HTT*

Average prevalence in Europe 4 per 100.000<sup>1</sup>

Age at clinical onset of disease : 1.5 – 87 years

Mean 30 – 50 years

<21 years: 4 – 10%<sup>2</sup>

Reverse relationship CAG-repeat length and age at onset<sup>3</sup>

Trias of movement disorder – cognitive dysfunction – psychiatric disturbances

1. Rawlins MD, Wexler NS, Wexler AR, Tabrizi SJ, Douglas I, Evans SJ, et al. The Prevalence of Huntington's Disease. *Neuroepidemiology*. 2016;46(2):144-53.

2. Quarrell O, O'Donovan KL, Bandmann O, Strong M. The Prevalence of Juvenile Huntington's Disease: A Review of the Literature and Meta-Analysis. *PLoS Curr*. 2012;4.

3. Squitieri F, Frati L, Ciarmiello A, Lastoria S, Quarrell O. Juvenile Huntington's disease: does a dosage-effect pathogenic mechanism differ from the classical adult disease? *Mech Ageing Dev*. 2006;127(2):208-12.

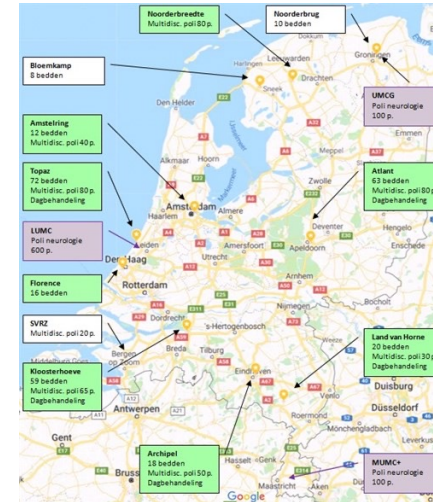
# HD in the Netherlands

Population: 17 million inhabitants

## Prevalence HD

±2000 HDEGC – 75% manifest disease

±6000-9000 HD risk carriers (50%)



## Centered HD diagnostics and care

### 3 academic medical centers

## University Medical Center Groningen (UMCG)

## Leiden University Medical Center (LUMC)

Maastricht University Medical Center (MUMC+)

8 care facilities / nursery homes

# Juvenile-onset HD

Juvenile-onset HD is arbitrary defined as having symptoms before the age of 21 years

New terminology in clinical practice and for research purposes<sup>1,2</sup>

Childhood-onset HD



Adolescent-onset HD



Pediatric HD



1. Fusilli C, Migliore S, Mazza T, Consoli F, De Luca A, Barbagallo G, et al. Biological and clinical manifestations of juvenile Huntington's disease: a retrospective analysis. The Lancet Neurology. 2018;17(11):986-93.
2. Quarrell OWJ, Nance MA, Nopoulos P, Reilmann R, Oosterloo M, Tabrizi SJ, et al. Defining pediatric huntington disease: Time to abandon the term Juvenile Huntington Disease? Movement disorders : official journal of the Movement Disorder Society. 2019.

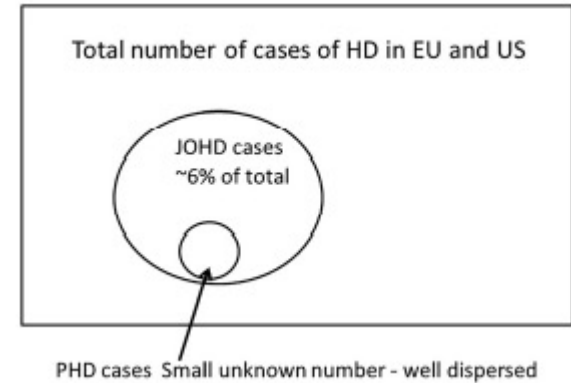
# Problem definition

Removal class waiver EMA for PHD patients<sup>1</sup>

Identification and number of patients

Disease burden and progression

Legal and ethical issues



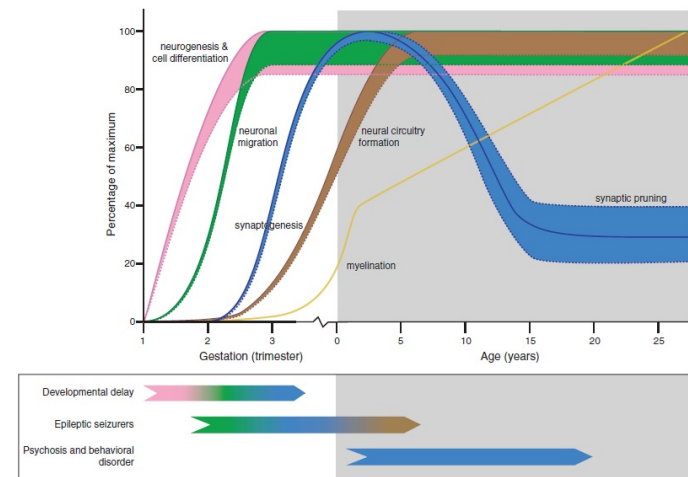
Differences in JHD phenotype and development<sup>2</sup>

Pathophysiology

Outcome measures

Therapeutic strategies

Needs and care



1. Quarrell OWJ, Nance MA, Nopoulos P, Reilmann R, Oosterloo M, Tabrizi SJ, et al. Defining pediatric huntington disease: Time to abandon the term Juvenile Huntington Disease? Movement disorders : official journal of the Movement Disorder Society. 2019.
2. Bakels HS, Roos RAC, van Roon-Mom WMC, de Bot ST. Juvenile-Onset Huntington Disease Pathophysiology and Neurodevelopment: A Review. Movement disorders : official journal of the Movement Disorder Society. 2021.

# Patient Registries

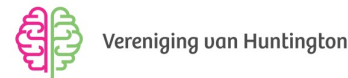
Data collection of large numbers of similar patients

Retrospective vs prospective

Cross-sectional vs longitudinal

National vs international

Patient association vs medical center



## Goals

Localization and identification

Epidemiological characterization

Clinical characterization

Therapeutic characterization

Determining special and/or unmet needs in clinical care

## HD-JUNIOR

a national registry for patients with juvenile-onset Huntington's Disease

An illustration depicting a medical research team. In the center, a large, detailed brain is shown. A person in a white lab coat stands on a ladder, examining the brain with a magnifying glass. To the left, two people are looking at a tablet. To the right, a person is holding a clipboard, and another is holding a large syringe. In the background, there are test tubes in a rack, a microscope, and a graph on a screen. The scene is set in a laboratory or research environment.

Principal Investigator: ST de Bot MD PhD  
Study Coordinator: HS Bakels MD MSc

# Study design and datasets

## Study design

Retrospective vs prospective

Cross-sectional vs longitudinal

Patient/care taker reported vs physician reported

Data mining vs specified data

## Considerations

Study design can differ between datasets

Study goals determine your most optimal datasets

Take your patient population into account

Take other registries within your field into account



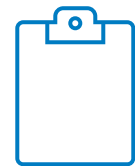
Demography



Clinic



Registry



Survey

# Patient population

## Determining your patient population

Age criteria

Classification phenotype

Genetic criteria

Survival status

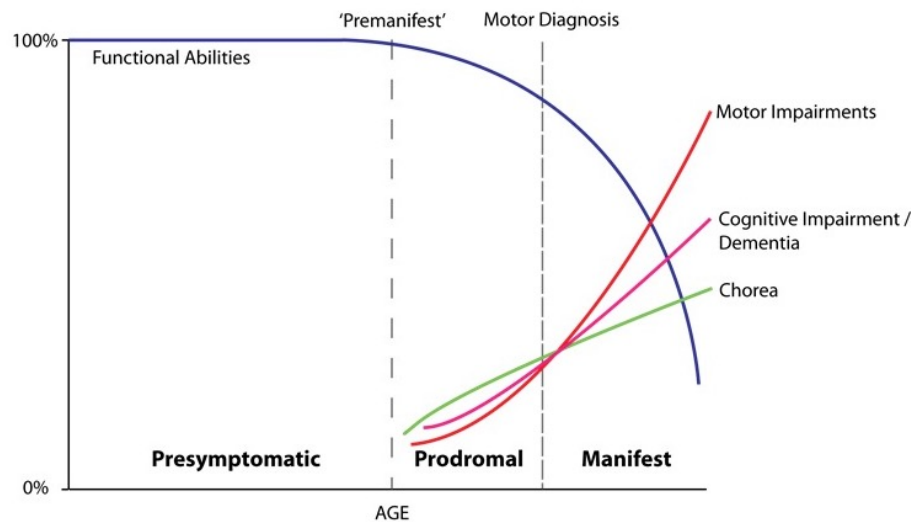
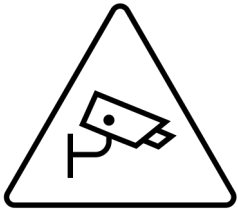


Table 16 Conditional Probability of Onset for an Individual with 51 CAG Repeats

Current age (years)	Conditional Probability (95% CI) within				
	5 years	10 years	15 years	20 years	25 years
0	0 (0-0)	0 (0-0)	0.01 (0.01-0.02)	0.05 (0.04-0.07)	0.20 (0.17-0.23)
1	0 (0-0)	0 (0-0.01)	0.02 (0.01-0.02)	0.07 (0.06-0.09)	0.25 (0.22-0.28)
2	0 (0-0)	0.01 (0-0.01)	0.02 (0.02-0.03)	0.09 (0.07-0.11)	0.31 (0.27-0.34)
3	0 (0-0)	0.01 (0-0.01)	0.03 (0.02-0.04)	0.12 (0.10-0.15)	0.37 (0.34-0.41)
4	0 (0-0)	0.01 (0.01-0.01)	0.04 (0.03-0.05)	0.15 (0.13-0.18)	0.44 (0.40-0.48)
5	0 (0-0)	0.01 (0.01-0.02)	0.05 (0.04-0.07)	0.20 (0.17-0.23)	0.52 (0.48-0.55)
6	0 (0-0)	0.02 (0.01-0.02)	0.07 (0.06-0.09)	0.25 (0.22-0.28)	0.59 (0.55-0.63)
7	0 (0-0.01)	0.02 (0.02-0.03)	0.09 (0.07-0.11)	0.31 (0.27-0.34)	0.66 (0.62-0.69)
8	0.01 (0-0.01)	0.03 (0.02-0.04)	0.12 (0.10-0.14)	0.37 (0.34-0.41)	0.72 (0.68-0.75)
9	0.01 (0.01-0.01)	0.04 (0.03-0.05)	0.15 (0.13-0.18)	0.44 (0.40-0.48)	0.77 (0.74-0.81)
10	0.01 (0.01-0.01)	0.05 (0.04-0.07)	0.20 (0.17-0.23)	0.51 (0.48-0.55)	0.82 (0.79-0.85)
11	0.01 (0.01-0.02)	0.07 (0.05-0.08)	0.25 (0.21-0.28)	0.59 (0.55-0.62)	0.86 (0.83-0.88)
12	0.02 (0.01-0.02)	0.09 (0.07-0.11)	0.30 (0.27-0.34)	0.65 (0.62-0.69)	0.89 (0.87-0.91)
13	0.02 (0.02-0.03)	0.11 (0.09-0.14)	0.37 (0.33-0.40)	0.72 (0.68-0.75)	0.92 (0.89-0.93)
14	0.03 (0.02-0.04)	0.15 (0.12-0.17)	0.44 (0.40-0.47)	0.77 (0.74-0.80)	0.94 (0.92-0.95)
15	0.04 (0.03-0.05)	0.19 (0.16-0.22)	0.51 (0.47-0.55)	0.82 (0.79-0.85)	0.95 (0.94-0.96)
16	0.05 (0.04-0.07)	0.23 (0.21-0.27)	0.58 (0.54-0.62)	0.86 (0.83-0.88)	0.96 (0.95-0.97)
17	0.07 (0.06-0.09)	0.29 (0.26-0.32)	0.65 (0.61-0.69)	0.89 (0.86-0.91)	0.97 (0.96-0.98)
18	0.09 (0.08-0.11)	0.35 (0.32-0.39)	0.71 (0.67-0.75)	0.91 (0.89-0.93)	0.98 (0.97-0.99)
19	0.12 (0.10-0.14)	0.42 (0.38-0.46)	0.76 (0.73-0.80)	0.93 (0.91-0.95)	0.98 (0.98-0.99)
20	0.15 (0.13-0.17)	0.49 (0.45-0.53)	0.81 (0.78-0.84)	0.95 (0.93-0.96)	0.99 (0.98-0.99)
21	0.19 (0.17-0.21)	0.56 (0.52-0.60)	0.85 (0.82-0.88)	0.96 (0.95-0.97)	0.99 (0.99-0.99)

# Privacy regulations and IRB review

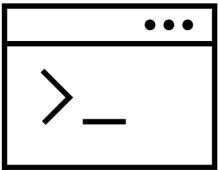
## General Data Protection Regulation (GDPR)



ownership data

pseudonymized vs anonymized use of data

## Database



software

metadata

data management and - roles

## IRB review

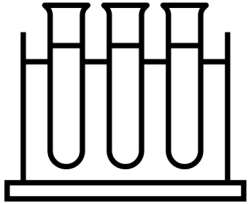


national differences

more is less

# Collaborations

Genetic laboratory



sharing data

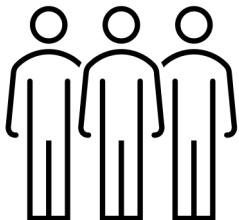
Physicians / care facilities



sharing data

recruitment

Patient associations



recruitment

advisory board

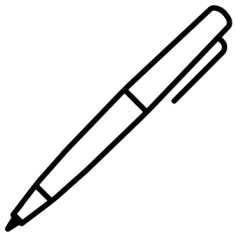
# Recruitment and informed consent

## Recruitment



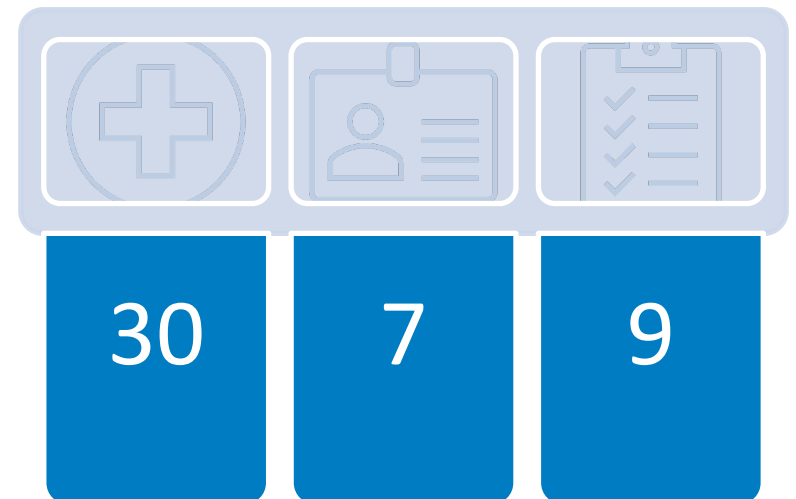
Physicians  
Patient associations  
(Social) media  
Patient survey

## Informed consent



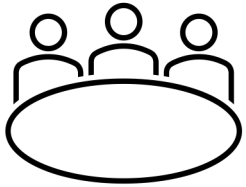
Registration options  
On site vs at home

## HD-JUNIOR



# Data sharing

Advisory board



Board member patient association

Physician

Care taker

Type of data



Clinical data

Registry

Survey



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# Acknowledgments



**ST de Bot**  
Neurologist LUMC



**RAC Roos**  
Neurologist LUMC



**TA Knecht**  
Medical Student LUMC



**M Losekoot**  
Lab Specialist LUMC



**R Haselberg**  
Board of Dutch HD  
patient association



**A Arnesen**  
Board of European HD  
patient association

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[www.lumc.nl/hd-junior](http://www.lumc.nl/hd-junior)



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# Key conclusions

- JHD and PHD are a small and dispersed group of patients that need to be better defined
- Patient registries can serve for many purposes and exist in many forms
- Various registries for the same patient population can serve different goals and do not exclude each others relevance
- Think well of your most optimal datasets and patient population
- Study design can differ between datasets
- Invest in collaborations
- Share your data – this will move the field and patient care forward!