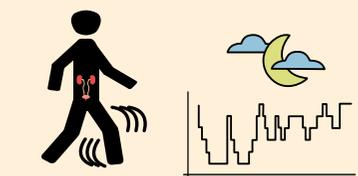
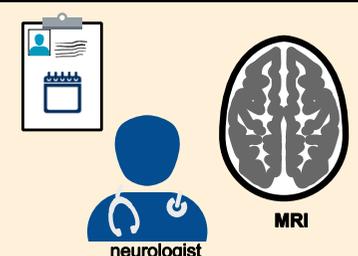
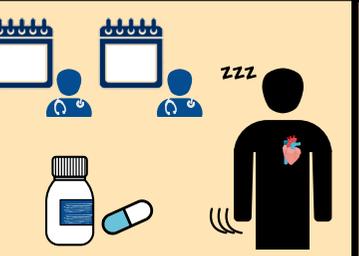
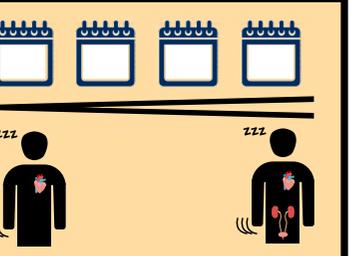
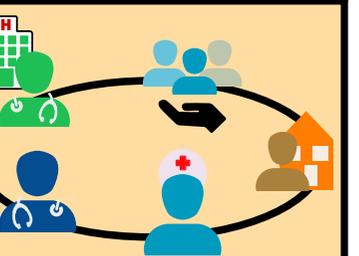
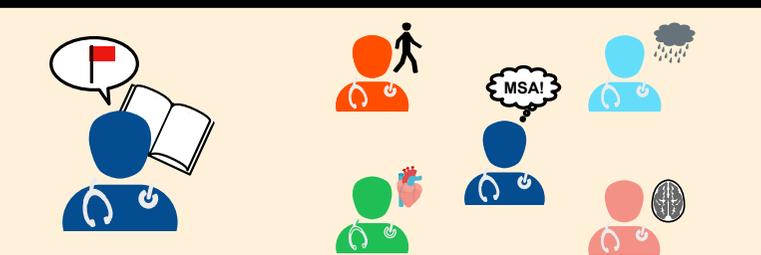
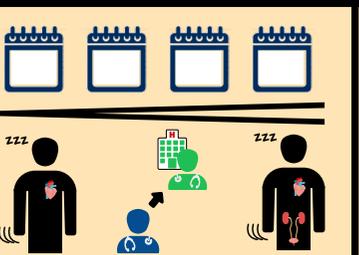
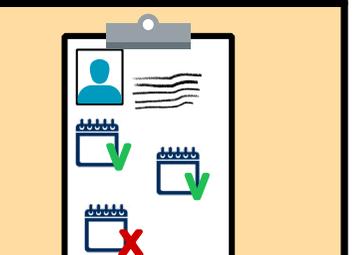


	First symptoms	Diagnosis	Treatment	Monitoring
Disease	 <p>Average age of onset 50-60+</p> <p>Autonomic disorder, movement symptoms, sexual dysfunction and REM-sleep behaviour disorder</p>	 <p>MSA with Parkinson (slowness, tremor) or MSA with Cerebellar (balance, speech).</p>	 <p>Only symptom treating (breathing, blood pressure control, incontinence, psychological support, palliative care).</p>	 <p>Monitored by expert centres with multidisciplinary teams.</p>
Clinic	 <p>neurologist</p> <p>Extensive neurological examination, blood pressure, genitourinary assessment, brain MRI).</p>	 <p>MSA can mimic other conditions such as PD and ataxia. It can take time to diagnose MSA.</p>	 <p>Identify symptoms, initiate regular treatment and referrals.</p>	 <p>Identify and monitor progression of symptoms. Integration with appropriate services.</p>
Challenges	 <p>First symptoms can be general or non-specific and may not be recognized by clinicians.</p>	 <p>Missed diagnosis: dangers of serious falls, respiratory symptoms, malnutrition, infections.</p>	 <p>Need for research to find a cure.</p>	 <p>Holistic care includes home care aspects and emotional support for patients and carers.</p>
Goals	 <p>Observation for "red flags". Greater awareness on MSA, its symptoms, psychological and emotional needs of patients, physical therapy needed</p>	 <p>Multi-disciplinary cooperation on developing new therapies and care pathways.</p>	 <p>Person with MSA has a care plan that includes wishes for future care and interventions.</p>	

- MRI** Magnetic Resonance Imaging
- MSA** Multiple System Atrophy
- O₂** Oxygen
- PD** Parkinson's Disease
- REM** Rapid Eye Movement

Please note that specific terms (e.g. home care services, general physician, physiotherapy) do not include the same services in all EU countries and might differ from country to country. Patient advocacy groups can often provide support and resources for patients and families.

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