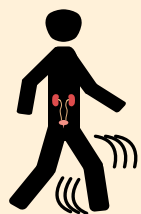


First symptoms

Diagnosis

Treatment

Monitoring



Average age of onset 50 - 60+

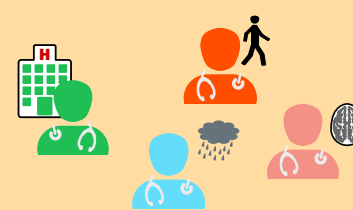
Autonomic (bladder, bowel and BP issues) and movement symptoms (unsteady gait).



MSA with Parkinson (slowness, tremor) or MSA with Cerebellar (balance, speech).



Only symptom treating (breathing, incontinence, psychological support, palliative care).



Monitored by expert centres with multidisciplinary teams.

MRI Magnetic Resonance Imaging
MSA Multiple System Atrophy
O₂ Oxygen
PD Parkinson's Disease
REM Rapid Eye Movement

Please note that specific terms (e.g. home care services, general physician, physiotherapy) do not include the same services in all EU countries and might differ from country to country. Patient advocacy groups can often provide support and resources for patients and families.

Disclaimer

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Updated in July 2025.



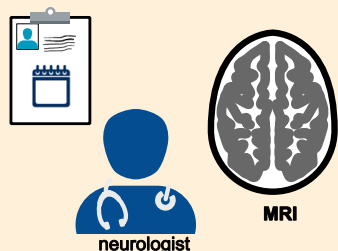
European Reference Network

for rare or low prevalence complex diseases

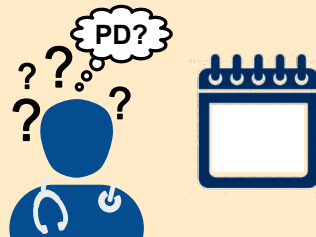
Network
Neurological Diseases (ERN-RND)



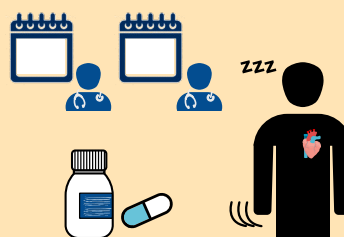
Co-funded by
the European Union



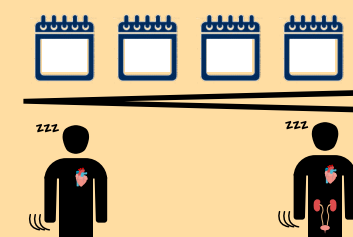
Extensive neurological examination (blood pressure, prostate volume, brain MRI).



MSA can mimic other conditions such as PD and ataxia. It can take time to diagnose MSA.



Identify symptoms, initiate regular treatment and referrals.



Identify and monitor progression of symptoms. Integration with appropriate services.



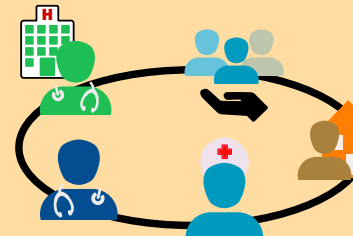
First symptoms can be general or non-specific and may not be recognized by GP.



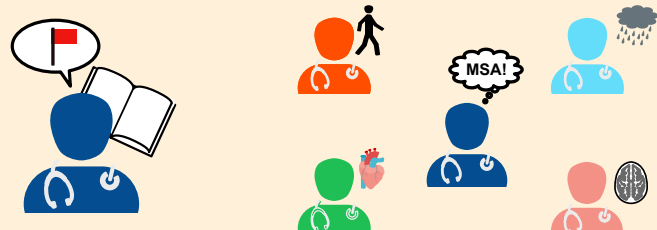
Be aware of: dangers of serious falls, respiratory symptoms, malnutrition.



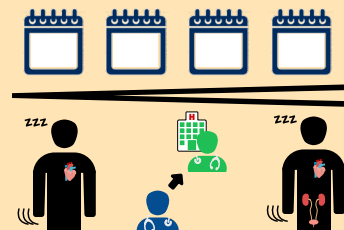
Need for research to find a cure.



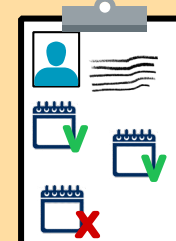
Holistic care includes home care aspects and emotional support for patients and carers.



Observation for "red flags". Greater awareness on MSA, its symptoms, psychological and emotional needs of patients.



Multi-disciplinary cooperation on developing new therapies and care pathways.



Person with MSA has a care plan that includes wishes for future care and interventions.