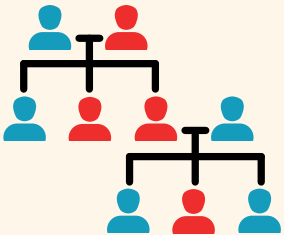

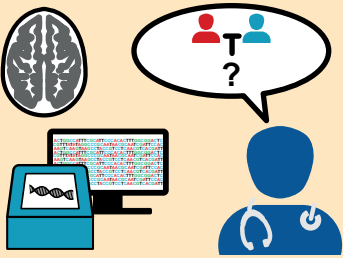
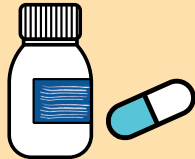
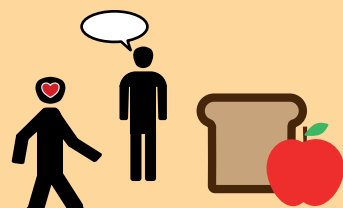

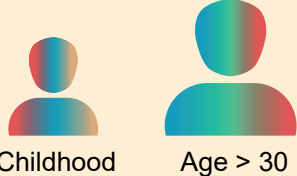

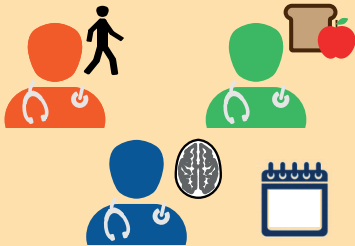
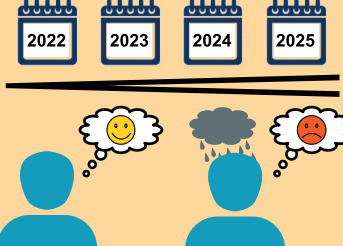
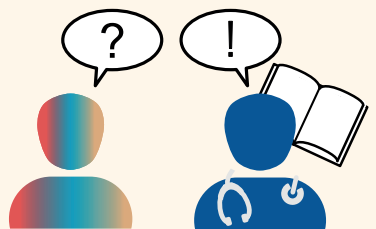






	Premanifest HD	First Symptoms	Diagnosis	Treatment	Monitoring
Clinic	 <p>Most people with HD experience several close relatives developing HD.</p>	 <p>Subtle and non-specific first symptoms fall in 3 categories: motor, cognitive, and behavioural.</p>	 <p>Confirm clinical diagnosis with genetic testing. Genetic counselling is essential.</p>	 <p>No disease modifying treatment. Symptoms managed and treated to maintain functionality and QoL.</p>	 <p>Physical activity, psychological wellbeing and nutrition maintain function and autonomy.</p>
Challenges	 <p>Fear of disease onset leads to ignoring symptoms.</p>	 <p>Differences in disease onset and first symptoms vary and lead to delay of diagnosis.</p>	 <p>Symptom complexity leads to frequent misdiagnosis.</p>	 <p>HD needs a multidisciplinary and holistic approach. A long-term perspective is essential.</p>	 <p>Disease progression leads to struggle to adjust.</p>
Goals	 <p>Educate clinicians about premanifest HD.</p>	 <p>Educate families on how to best cope and seek support.</p>	 <p>Accurate & quick diagnosis. Good follow-up process. Support network for patients.</p>	 <p>Establish multidisciplinary teams.</p>	 <p>Build trusting relationships between patients, families and clinicians.</p>



HD Huntington's Disease

QoL Quality of Life

Please note that specific terms (e.g. home care services, general physician, physiotherapy) do not include the same services in all EU countries and might differ from country to country. Patient advocacy groups can often provide support and resources for patients and families.

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